

DISCOVERING DISCIPLESHIP

My name: _____

My age: _____

Week
2

Day 1:

What would happen if you only ate cookies and ice cream and never brushed your teeth or exercised? Would you be healthy? No!

Eating fruits and vegetables, brushing your teeth, and staying active can help you keep your body healthy. But did you know that Christians have to keep their spiritual bodies healthy too? We do this by developing healthy spiritual habits and one of these habits is reading the Bible!



Learn it

A **DISCIPLE** is a learner or a follower of Jesus

THE BIBLE is God's message about Himself. It helps you know more about God and Jesus and what they are like. The Bible also tells you what God wants you to do. The Bible is a book different from any book ever written. God told the men who wrote the Bible what to write. He helped them know how to say the things He wanted them to say. Every story in the Bible is true and tells about men and women who learned to follow God. The people you read about in the Bible lived a long time ago. You can learn from their lives.

The **Old Testament** tells about the creation of the world, man's relationship with God because of sin, and the history of the nations of the world before Jesus came to Earth. The **Old Testament** also contains the promises of God to provide a way of salvation for all people. The **New Testament** tells about the life of Jesus and the first churches. It shows how God fulfilled His promises for salvation through His son, Jesus. Together, the two testaments tell about God's love for people and His desire to have a relationship with them.

Books of the Bible

Old Testament

New Testament



LAW

Genesis	Numbers
Exodus	Deuteronomy
Leviticus	



GOSPELS

Matthew	Luke
Mark	John



HISTORY

Joshua	2 Kings
Judges	1 Chronicles
Ruth	2 Chronicles
1 Samuel	Ezra
2 Samuel	Nehemiah
1 Kings	Esther



HISTORY

Acts



POETRY

Job	Ecclesiastes
Psalms	Song of Songs
Proverbs	



LETTERS

Romans	Titus
1 Corinthians	Philemon
2 Corinthians	Hebrews
Galatians	James
Ephesians	1 Peter
Philippians	2 Peter
Colossians	1 John
1 Thessalonians	2 John
2 Thessalonians	3 John
1 Timothy	Jude
2 Timothy	



MAJOR PROPHETS

Isaiah	Ezekiel
Jeremiah	Daniel
Lamentations	



PROPHECY

Revelation



MINOR PROPHETS

Hosea	Nahum
Joel	Habakkuk
Amos	Zephaniah
Obadiah	Haggai
Jonah	Zechariah
Micah	Malachi

God's Word
changes lives!

This week we talked about how a steering wheel controls a car by changing the direction that the car is moving in. Who is in control of your life?



"Backseat Driver" by Toby Mac talks about control in our lives. Have a listen!



Read Romans 12:2

"Don't copy the behaviour and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect."

Is there anything in this verse that is confusing or that you don't understand?

 Do it

Are there areas of your life that you need to ask God to transform?

 Pray it

Ask God to work in these areas of your life to make you more like Jesus.

Day 2:

Find the verses in the Bible and answer the questions.

Exodus 20:3-17

John 14:15

Matthew 22:36-39

What do you do if you love God?

What are God's two most important commands?

What do these verses show us about God?



Do it

With an adult's help, think of someone who needs to know Jesus' love.

Write his/her name here: _____

What can you do to show love to that person?
Circle an idea below and ask your parent to help you do it.

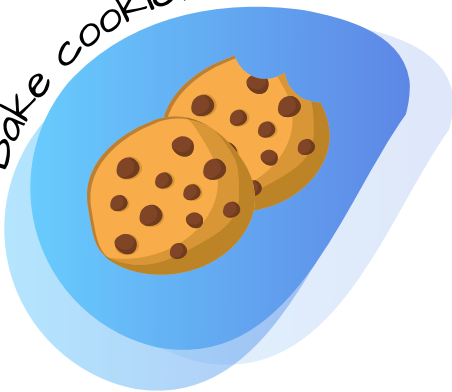
Help wash their car



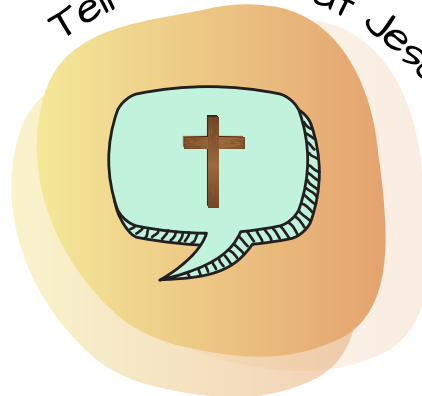
Walk their dog



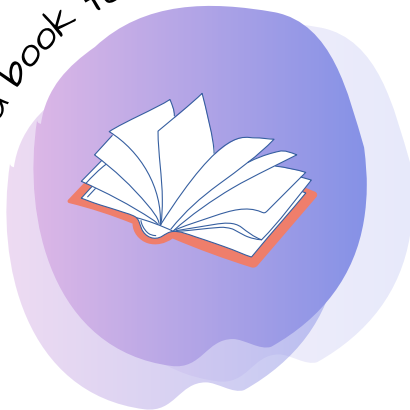
Bake cookies



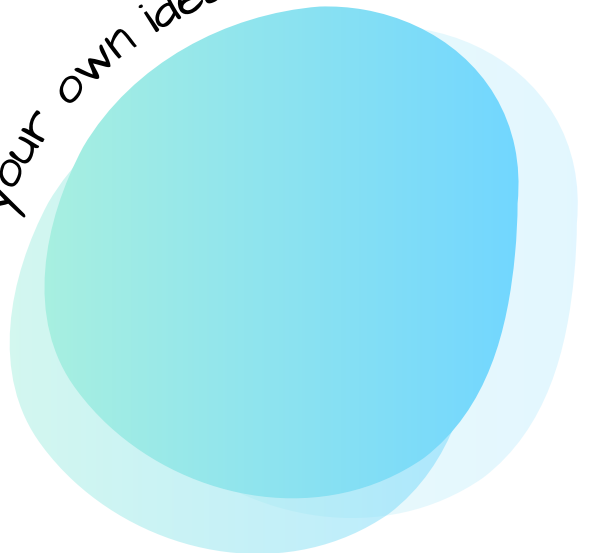
Tell them about Jesus



Read a book to them



Write your own idea here:



Pray it

Pray for this person today!

Day 3:

Read James 1:22-25

"But don't just listen to God's word. You must do what it says. Otherwise, you are only fooling yourselves. For if you listen to the word and don't obey, it is like glancing at your face in a mirror. You see yourself, walk away, and forget what you look like. But if you look carefully into the perfect law that sets you free, and if you do what it says and don't forget what you heard, then God will bless you for doing it."

Write or draw what this verse is talking about:

 Do it

How can you apply this verse to your life?

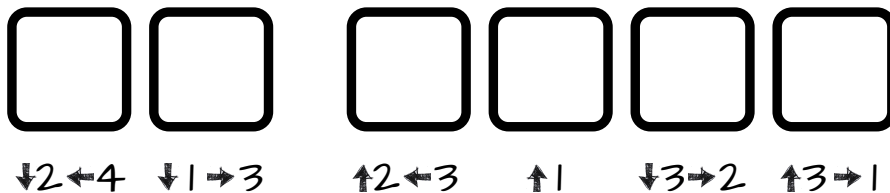
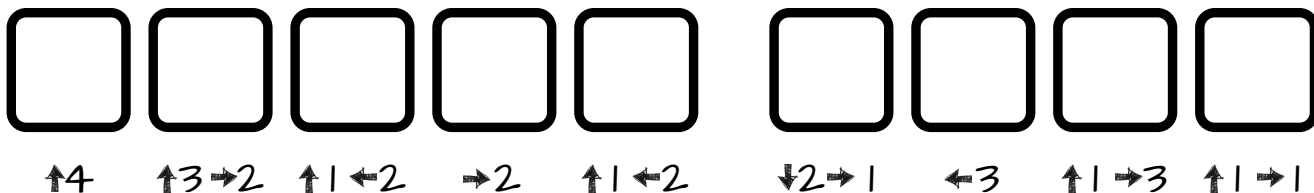
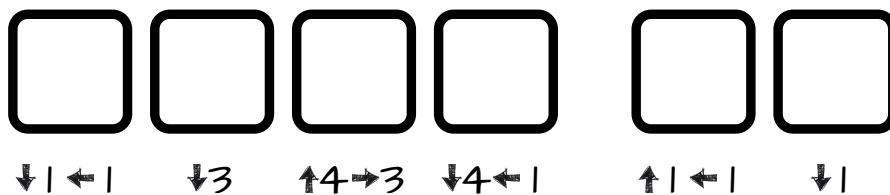
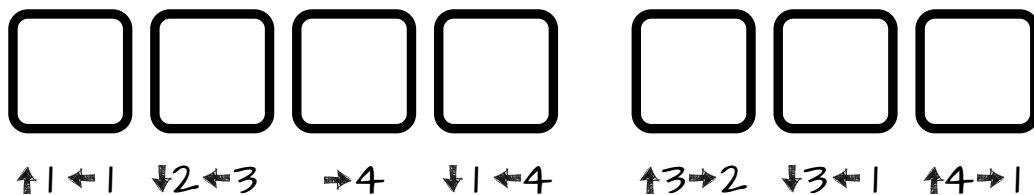
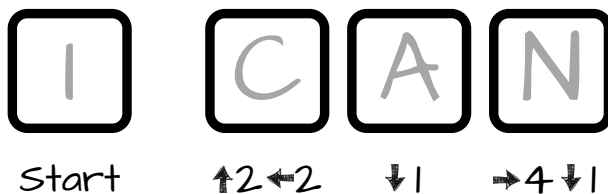
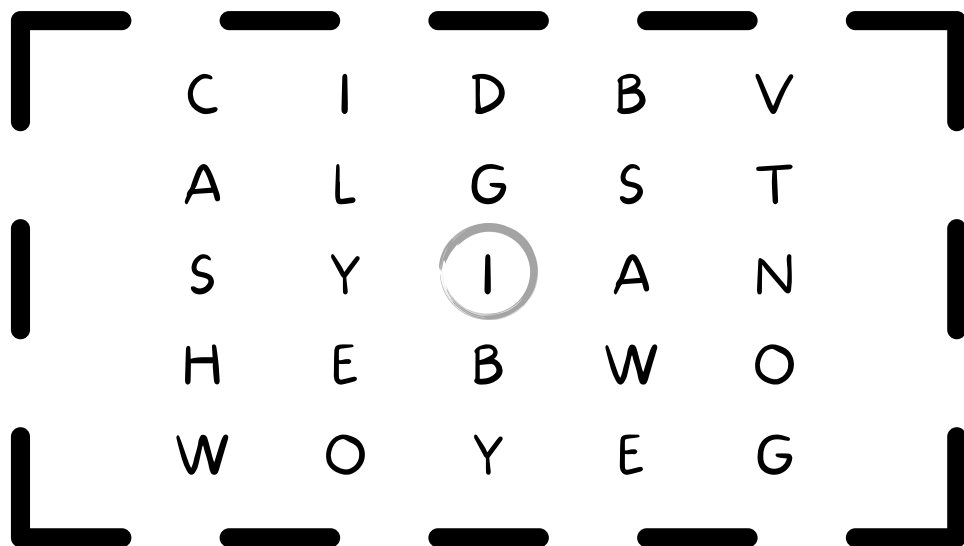
 Pray it

Pray that God will use what you read and hear in His word to make you more like Jesus!



Have a listen to "All About Jesus" by Sovereign Grace Music!





Day 4:

Read Philippians 4:10-14

"How I praise the Lord that you are concerned about me again. I know you have always been concerned for me, but you didn't have the chance to help me. Not that I was ever in need, for I have learned how to be content with whatever I have. I know how to live on almost nothing or with everything. I have learned the secret of living in every situation, whether it is with a full stomach or empty, with plenty or little. For I can do everything through Christ, who gives me strength. Even so, you have done well to share with me in my present difficulty."

What is one thing in this passage that stands out to you? (write in your own words)

What do we know about God that fits in with this passage?

What do we learn about ourselves?

How will what you learnt from this passage affect how you think or act?



Do it

Write, draw, colour-in or doodle what this verse says to you as you read and pray about it.

For I **CAN DO**
everything **THROUGH**
CHRIST *who gives*
me **STRENGTH**

Philippians 4:13



Pray it

What area do you need strength in?

Pray to God for the strength you need every day, and thank Him for who He is!